

BAR HILL NEWS

August 2015; Issue 562

WANTED: VIEWS ON THE FUTURE OF DISTRICT ELECTIONS

A ten-week consultation has been launched to ask how often elections should be held to appoint councillors to South Cambridgeshire District Council.

Local residents, businesses and other organisations are being asked whether there should be a move to 'all-out' elections of the whole Council once every four years, or preservation of the current 'by thirds' system of electing one-third of Council seats each year for three successive years out of four.

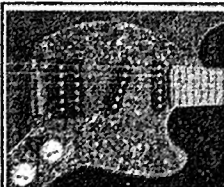
The change is being considered ahead of a scheduled boundary review later this year by the Local Government Boundary Commission for England (LGBCE). The review will see wards - the geographical area councillors cover - adjusted to ensure that all district councillors represent approximately the same number of electors.

As part of the review, LGBCE will consider how many councillors are needed to effectively represent South Cambridgeshire residents. If the Council continues to elect 'by thirds', the Commission will look to introduce three-councillor wards across the district. An 'all-out' election cycle - which would begin in 2018 at the earliest - would see a mixed ward pattern, favouring single-councillor wards where possible.

Currently, 57 councillors serve four-year terms representing 34 wards across South Cambridgeshire. Depending on their size, some wards have one councillor while others have two or three, meaning that some residents are eligible to vote in district council elections more frequently than others.

Cllr Sue Ellington, Chair of South Cambridgeshire District Council's Civic Affairs Committee, said: "There are pros and cons to both options for running our elections in the future. We'd like as many residents, partners and other organisations as possible to give us their views, and all feedback will be considered ahead of a vote on the matter by all Councillors later this year."

The consultation closes on 18 September 2015. More background information and an online survey form can be found at www.scambs.gov.uk/local-elections-consultation. Paper surveys are also available by calling 01954 713366, or from richard.may@scambs.gov.uk.



Phone
Steve Beaney

GUITAR & BASS TUITION

inc. Guitar Repairs

01954 260851

07929 888128

- BAR HILL FÊTE -

Thank you to all who attended the Fête on 4th July. It was such a brilliant day. The music in the Church was lovely to listen to - Bar Hill has such talent. The Cream Teas were a great success and a handsome amount of money was made. Thanks to Tesco for providing the scones, cream, jam etc. It's great community working.

The stalls along the Village Green were quite varied and enjoyed by so many - lots of winners!

Our evening bands were incredibly enjoyable. What an evening! Sitting out on the Green with such great music, we could have gone all night - some did into the early morning!

There are pictures on the website: www.barhill.org.uk.

Next year is Bar Hill's 50th anniversary. We are starting to plan for that event on 2nd July 2016.

The Fête Committee welcomes new ideas for our planning meetings, which will start in September. Look out for details in the Bar Hill News.

The Fête Committee

- MEMORIAL GARDEN UPDATE - AUGUST 2015

My grateful thanks go to all those who help maintain the garden. It is looking splendid. The reduction in the foliage by the school has helped to improve the light in the garden. In particular I would like to say thank you to Jean and Helen for their continued hard work.

In the next few weeks we will be beginning the Autumn trimming back. Should you be interested in helping, or placing a plaque in the Memorial Garden, contact Chris Stannard on 01954 781978.

BAR HILL VILLAGE WEBSITE

www.barhill.org.uk

The Bar Hill Village web site is where important and interesting information can be posted. To get in touch with the webmaster, either follow the links on the website, or email: barhill@machineconcepts.co.uk.

Your Bar Hill News is available - without advertising pages - at www.barhill.org.uk/bhn.php about 10 days before the paper copy is delivered.

On Average...

- people fear spiders more than death;
- right handed people live nine years longer than left-handed people;
- dogs have better eyesight than humans, although not as colourful;
- a hedgehog's heart beats 300 times a minute.

deadline for next issue: 15th August 2015 to bhneditor@yahoo.com, or see page 2 for other contact details

BAR HILL RESIDENTS' ASSOCIATION

2015-16 COMMITTEE:

Chair:	Roger Hall	01954 780304	11 Almond Grove
Vice-Chair:	Paul Goodfield	01954 200228	15 Little Meadow
Secretary:	Anil Pallan	01954 782736	72 The Spinney
Treasurer:	Martin Avery	01954 781233	34 Acorn Avenue
Website:	Mike Nelson	01954 780772	6 Field View
Committee Members:	Jo Hall	01954 780304	11 Almond Grove
	Hilary Whipp	hilary@whipp6.orangehome.co.uk	

BAR HILL NEWS:

Editor:	Jan Cundy	jan_cundy@yahoo.com	1 Hanover Close
Advertising Coordinator:	Bunty Waters	01954 201421	77 Foxhollow
Distribution Coordinator:	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion. Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi: 6 x 4.5 cm – 9 x 6 cm; Mini: 6 x 2 cm – 6 x 4 cm. Quarter-page ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we provide maxi and mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com, [a Word file is best, please] or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: 01954 780442; www.mhmaple.co.uk

Surgery Opening times:

Monday, Wednesday, Thursday	7.00am* – 6.30pm
Tuesday, Friday	8.30am – 6.30pm

(* appointments available from 7.30am)

Emergency on the day appointments: bookable by phone from 8.30am for the mornings and from 1.30pm for afternoons.

Midwife	Thursday	2.00–4.00pm
Physiotherapist	Tuesday	1.00–4.30pm
Podiatrist	Wed. & Friday	8.45am–12 noon
	and	1.00–4.00pm
Orthoptist	2nd Tues. of month	9.00am–12.30pm
CAMTAD	4th Tues. of month	9.30–11.30am



Out of Hours Emergencies – call 111

(Cambridgeshire and Peterborough 111 Service)

Health Visitors: (based at Longstanton Surgery):
01954 207612

Well Child Clinics: 3rd Tuesday of the month
1.00–2.30pm at the Children's Centre, Bar Hill (next to Primary School).

USEFUL TELEPHONE NUMBERS

• Church Office: 01954 206120 • Conservative Party (Iris Lay): 01954 205265 • Happy Hours (Helen Collins): 01954 782203 • Liberal Democrat Party (Andy Pellew): 07814 871752 • Library (renewals and enquiries): 0345 0455225
• Neighbourhood Watch: 01954 201001 • Parish Council: 01954 780456 • Police non emergency: 101 •
Post Office: 01954 789285 • Pre-School: 01954 782892 • Samaritans: 01223 364455 • School: 01954 273305 •
Social Club: 01954 781881 • Swavesey Village College 01954 230366 •

**- NWR -
CONNECTING WOMEN WHO ARE
INTERESTED IN EVERYTHING AND
TALK ABOUT ANYTHING**

NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women of all ages, who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us, come along to one of our meetings, you 'd be very welcome.

13th August: **Are You a Hoarder?** – what items can you NOT throw away? and **Review** of the book we have read:- 'The Secret Life of Bees'. Venue: Pat's.

27th August: **Visit to Tesco** – guided tour and visit to the Community Room.

10th September: **Buildings** – research a favourite or iconic building of your choice. Venue: Di's.

24th September: **Desert Island** – what three items would you take to a desert island? Food and drink will be provided. Venue: Bobby's.

The Bar Hill NWR group meets informally at 8pm on alternate Thursday evenings. We pay an annual fee of £18.00 and just £1.00 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Geraldine Martensz on 01954 203458 or Bobby Colver on 01954 781662. NWR can also be found at www.nwr.org.uk. Why not have a look!

MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics.
Telephone Paul Noble on 01954 780477

**CAMBRIDGE PINKS – BREAST CANCER
NOW REGIONAL GROUP**

You can find out more about Breast Cancer Now and how your donations will be used on our website:

www.breastcancernow.org. If you would like to get involved in fundraising, please do get in touch.

Breast Cancer Now's mission is to fund innovative world class research into Breast Cancer. Here in Cambridge, we are funding researchers who are learning about the genetics of breast cancer and finding new genes involved in breast cancer.

Avril Williams, Chairman,
avril.williams1@btinternet.com

Cambridge Pinks – Breast Cancer Now Volunteer Group
We believe that, by 2050, breast cancer will have taken its last life – but only if we all act now. Join us.

Breast Cancer Now is the UK's largest breast cancer charity, created by the merger of Breast Cancer Campaign and Breakthrough Breast Cancer.

Breast Cancer Now is a charity registered in England & Wales (No.1160558) and Scotland (No. SC045584) and is a company limited by guarantee (CRN: 09347608). A list of the directors is available from the registered office – Breast Cancer Now, Fifth Floor Ibex House, 42-47 Minories, London, EC3N 1DY.

NEIGHBOURHOOD WATCH

What causes the police frustration?

- ⊗ not being able to prove someone is in possession of stolen property;
- ⊗ not being able to return reclaimed stolen property to its owner.

The answer is **SMART WATER**:

- used to mark valuables (mobile phones, jewellery, electrical equipment etc.).
- each kit has a unique forensic code which is registered to the owner.
- almost impossible to remove.
- only visible under UV light.
- helps police trace and return stolen items.
- links suspects to crime scenes.
- 100% conviction rate when used as evidence in court.
- so effective it can deter burglars.



As kits were distributed during the recent Operation Oaklands, Bar Hill now has a Smart Water sign at the entrance to the village. This will hopefully deter potential criminals. However, if you do not yet have a kit, you can still purchase one (£10).

E-mail histon.npt@cambs.pnn.police.uk or phone 01954 201001.

Pam Vendy

NHW Village Co-ordinator



STORYTIME AT BAR HILL LIBRARY

Bring your small child to Bar Hill Library at 10.30am on 8 August and 22 August.

Storytime is a special time for children of pre-school age (and their older brothers and sisters) who are accompanied by an adult. It offers half an hour or more of book-based fun, with stories, songs and craft. This free event opens up the treasure that books offer, revealing all that is to be gained from learning to read.

There is no need to book; just come along.

THE ALLOTMENT SOCIETY

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348.

All other allotment matters should be addressed to: bhallotment@hotmail.com.



- 8 O'CLOCK CLUB -

The 8 o'clock club is an all-women's group which meets on the first Thursday of the month in the lounge in the school.

We have a variety of speakers as well as a garden party, birthday party and Christmas meal. Our programme for the Autumn term is:-

- 3 September – Enrolment Evening
- 1 October – Medical Detection Dogs
- 5 November – Citizens Advice Bureau
- 3 December – Christmas Meal – members only.

If you would like further information please phone Barbara on 01954 204171, Adela on 01954 204265, Ann on 01954 204687, or come along to one of our meetings, we would be very pleased to meet you.

— THANK YOUs —

Dear Editor

Thank you to everyone who supported the stall and music on July 4th in aid of Cancer Research UK. We raised £350.

I am very grateful.

Sarah Adams

Dear Editor

I would like to thank the lovely couple who went out of their way to help my Spanish students who had got completely lost. The gentleman was so kind to walk them all the way to my front door.

Thank you for your kindness.

Catherine Jenkinson-Dix

(Dry Drayton resident)

CAMBRIDGE DISTRICT ART SUMMER EXHIBITION 2015

Grantchester Village Hall

High Street, Grantchester • CB3 9NF

Saturday 29th to Monday 31st August,

10.00am – 5.30pm

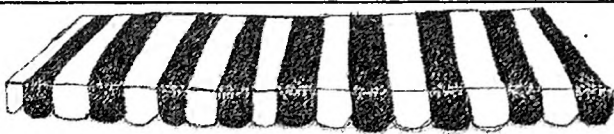
This is an ideal opportunity for visitors to buy original art from local professional and amateur artists, in a variety of subjects and media including oils, acrylics, watercolours, mixed media and pastels. The Exhibition will have framed and unframed work, as well as cards.

Home-made cakes (including gluten-free) will be available at the adjoining ValPatisserie.

The Cambridge District Art Circle (CDAC) is a society of over 100 like-minded individuals who have a passion and love of art. Regular monthly meetings and demonstrations (at Haslingfield Village Hall, usually by well known local artists) are both inspiring, engaging and highly popular among members.

Further information can be found at

www.sites.google.com/site/cambridgedistrictartcircle.



BAR HILL COMMUNITY MARKET

No market in August or September.

Next date: Saturday 3rd October

10.30am – 2pm

In the Octagon CB23 8EH

– Entry is Free –

Come and support your local community.

A variety of handmade crafts, jams, fruit, vegetables, cards and beauty products.

We raise funds for community projects.

Refreshments Available

Soup and roll from 12 noon

BBQ (weather permitting)

If you would like to be part of the market, please contact either Karen Austen 01954 781085 or

Sue Gadsby 01954 200875.

COUNTY COUNCILLOR — NOTES —

Well, summer's here at last and last Saturday I had a great time at the Bar Hill Village Fête. You sure know how to throw a party! Thank you to Bar Hill Parish Council and the Village Fête Committee for your hard work.

The latest information on the Central Library is that the decision to proceed with the partnership project with Kora has been rescinded. Work will now concentrate on identifying alternative options for increasing income at the central library and across the library service as a whole. There will be motions to Council in July which request investigation of what happened and the lessons to be learned.

During July the County Council supported 'Scam Awareness Month' an initiative coordinated by the Citizens Advice Bureau. The campaign aims to raise awareness of scams and prevent residents from becoming victims. This year the theme is 'Don't be Rushed, Don't be Hushed' and encourages people not to be rushed into taking decisions they will later regret and not to be silenced by a sense of shame or weary acceptance if they do become victims. Although scammers tend to target the elderly, others can be taken in, too. Advice is available from: Consumer Advice Helpline, 03454 040506.

The Police & Crime Commissioner visited Bar Hill this month to give residents a chance to meet him and offer their views. I spoke to him about the 101 telephone service as there have been complaints about the speed of answering. He told me that there is now a 'queue-busting' function which gives the opportunity to callers to leave their contact details for a call back instead of waiting on line. Hopefully, this will help.

There is not much news about the A14. There has been a series of 'open floor hearings' giving the Inspectors opportunities to clarify some of the responses to the consultation. The examination is expected to end mid-November with a decision by summer 2016.

Please let me know if you would like an emailed copy of my full report each month.

County Councillor Lynda Harford.

lyndaharford@icloud.com

— THE BLUES BROTHERS — RHYTHM & BLUES REVUE



On The Green in Swavesey on
Saturday 12 September 2015 from 7.30pm.

A major, fast moving, blockbuster musical extravaganza. Fifteen performers on stage in a giant marquee, plus supporting cast. With a traditional bar, a bottle bar and food stalls on site throughout the evening

Tickets are £15, available from Swavesey Windmill.

T: 01954 232247; E: swaveseytickets@gmail.com.



BAR HILL PARISH COUNCIL

Sue Bell, Parish Clerk: 01954 780456

e-mail: bhillpc-1@btconnect.com

Please note that the office is open to Residents between 9am and 11am Monday to Thursday.

Visit our website, www.barhill.org.uk for updates on local matters.

Residents are reminded that there is no parking permitted on parish council land as these are amenity areas.

Work will be starting shortly on the infiltration pond adjacent to the A14. We will also be starting environmental works at various other areas.

Everything is growing and looking lovely, but could you just check over the fence/wall to ensure there is no overgrowth from your garden as some times this causes problems on the paths! The Council will be reviewing the tree and hedge maintenance programme over the coming months with a view to increasing efficiency and reducing its financial liability. Grounds maintenance costs now represent an enormous percentage of the Council's annual expenditure. This is disproportionate when compared with other villages.

One final reminder – when telephoning the Council offices, please remember to leave your address as well as the telephone number.

The next Parish Council meeting is on Thursday 17th September at 7pm in the Parish Council Office. Members of the public and press are welcome. There is an Open Forum at the start of each meeting for residents to put their views across. You can see minutes of the previous month's meeting on the village notice board.

Handy Telephone Numbers

Streetlights: 0800 253529 – give the number written on lamppost;

Anglian Water (water supply & sewerage): 03457 145 145;

South Cambs District Council: 03450 450500;

County Council (damaged paths and roads): 01223 717111.

– STREET LIGHTING – CHANGES TO OPERATING TIMES

Cambridgeshire County Council is planning to change the operational times for street lights it owns.

This will mean that from the 1st April 2016 many street lights on residential roads and footpaths which are not located on main traffic routes will be switched off between the hours of midnight and 6am. All street lights, including those located on main traffic routes, will be dimmed from switch off in the evening to switch off in the early morning.

The changes are being made due to the need for the County Council to make further financial savings to the annual street lighting energy costs, which are required due to funding reductions from central government. For further information please visit:

www.cambridgeshire.gov.uk/streetlighting.



BAR HILL SCHOOL

WOW! What an amazing first year I have had at Bar Hill School. I arrived to a flood-hit school and, after months of hard work recovering from the flood, all the staff and children pulled together to make this an exciting year full of achievement.

We finished this summer term with a very active Year 6 residential visit to Hilltop in Sheringham, Norfolk. Our four school house teams competed for the Sports Day award and the House Singing competition. Then the Year 5 and 6 children dazzled us with a heartwarming summer concert linked to our WW2 studies this term.

We have just had our excellent Year 6 results back for 2015:

Reading

Level 4+ 100% (2014 – school 88%; national 85%)

Level 5+ 53% (2014 – school 56%; national 49%)

Writing

Level 4+ 91% (2014 – school 88%; national 85%)

Level 5+ 71% (2014 – school 44%; national 33%)

Level 6 13% (2014 – school 3%; national 2%)

Maths

Level 4+ 91% (2014 – school 100%; national 86%)

Level 5+ 70% (2014 – school 56%; national 42%)

Level 6 23% (2014 – school 13%; national 9%)

We have had some sad farewells this term.

Karen Hindmarch and Maureen Hay are retiring after a joint service of 35 years! Lucy Todman is off to teach in an International School in Sri Lanka and Simon Austen is moving on to Hemingford Grey Primary School. They will all be missed by the staff and children.

Finally, in September I would like to extend an invitation to local residents. Feel free to book an appointment to visit the school and see us in action during the school day. You will truly be amazed by the talent and high levels of achievement at the school!

Kind regards

Dr Al Mistrano, Headteacher

BAR HILL HEALTH WALKS

Free every Wednesday morning

Meet at Maple Surgery at 10:30 am

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire. Copies are available on the PPG noticeboard in Maple surgery, and at www.walkingforhealth.org.uk.

Contact: Patricia Daniels, Co-ordinator,
T: 07917 874402; E: danielsoohn@btinternet.com; or
Josephine Powell, Co-ordinator, T: 07901 558108;
E: jopowell45@hotmail.com.

— COUNCILLOR NOTES —

Funding agreement for Northstowe

A draft agreement that could see investment in community facilities at the new town of Northstowe top £100 million has been backed by leading South Cambridgeshire councillors.

The developer agreement tabled by the Homes and Communities Agency (HCA) would see millions of pounds invested to deliver facilities, including the town centre, two primary schools and over £10 million towards the secondary school being built alongside the first homes at Northstowe.

Planning permission has already been given for Gallagher's first 1500 homes, primary school, sports hub and local centre with shops. Work is underway ahead of homes being built in phase one which will also see improvement to the B1050.

Councillors consider plans for shared services.

Three neighbouring councils will consider detailed plans to share IT, legal and building control services in a bid to make them more resilient while saving taxpayers over £1.1 million a year.

Business cases published early June detail how the services at Huntingdonshire District, South Cambridgeshire District and Cambridge City Councils could operate with single management from October this year. At present around £5 million is currently spent by the three councils on IT, with a further half a million on building control and £1.4 million on legal.

Reports for the shared service plans detail how the changes will save over £1.1 million a year in 2015-17 onwards as the councils can share expertise, capacity and systems to improve the resilience of relatively small in-house teams and reduce the need for work to be done externally by suppliers, contractors and specialise external legal advisors. Subject to approval by councillors, the shared teams will be in place in October 2015.

Council tax and business rates: collection dates

The government has recently published the tax collection results for the 325 billing authorities in England. The District Council collected 99.3% of the council tax due in the year, which ranks as the 5th best in the country, Wokingham came top with 99.5%.

For Business Rates the Council collected 99.4% of the tax due, which is the 20th best in England. Canterbury came top with 100%, who in cash terms collected more than was due!

We look forward to any comments or if we can help with information or in any other way:

Bunty Waters

cllr.waters@scambs.gov.uk

01954 201421

07734 690580

Roger Hall

cllr.hall@scambs.gov.uk

01954 780304

COMPUTER HELP NEEDED

An OAP needs computer help.

Please contact 01954 781499.

I can offer £10 per hour.

Any time mutually convenient – evenings.

— CHURCH MATTERS —



BAR HILL ECUMENICAL CHURCH SERVICES FOR AUGUST EVERYONE IS WELCOME

The Church Minister, Charles Mather, can be contacted on minister@barhillchurch.org.uk, or by phone on 01954 277119. Our website gives lots of information about what's happening in Church: barhillchurch.org.uk.

There will be no evening services in August.

Sunday 2nd	10am Holy Communion
Sunday 9th	10am Morning Worship
Sunday 16th	10am Holy Communion
Sunday 23rd	10am All Together Worship
Sunday 30th	10am Morning worship

Contact: Church Centre Manager: 01954 206120;
office hours Mon., Weds. and Fri. 0930-1230.

**There is a Roman Catholic Mass every
Saturday at 6pm.**

SMALL GROUPS IN BAR HILL CHURCH

Would you like the opportunity to discuss Christianity and the Bible in a relaxed and friendly group of people? If so, our "Small Groups", which meet in homes around the village, could be for you. Most groups meet a couple of times every month for discussion and to enjoy one another's company.

Want to know more? Contact Bob Chappell:

E: education@barhillchurch.org.uk; T: 01954 200987.

PRAYER FOR OUR STREETS

Each month we are praying for two streets in the village and during August they will Hollytrees and Pheasant Rise. If residents have a particular prayer request for themselves or their family, they are welcome to email Ginny on outreach@barhillchurch.org.uk.

HELP TO STAY INDEPENDENT, SAFE AND WELL

Many of us don't think about care and support until we, or someone we know, needs it, then find we are unsure how to access what we need.

A new online resource is providing information about care and support and wellbeing, including information about continuing to live independently and safely at home, make life easier, get support after a stay in hospital, or find out about care home and housing options and paying for care and support.

You can find out more by visiting

www.cambridgeshire.gov.uk/careandsupport.

If you do not have access to the Internet, can't find what you need online, or want more information, you can phone 0345 045 5202 or visit any Cambridgeshire Library (also known as community hubs).

– CHURCH MATTERS –

BRING YOUR OWN CRAFT DATES FOR 2015

Please come and join us on: 26th September, 24th October in the Octagon 2.15– 4.30pm. 28th November will be our Christmas Craft Day – details nearer the time. For more details contact Wendy on 01954 782041.

THE COFFEE STOP...

...is run by volunteers on Wednesdays from 10am till 12 midday in the Bar Hill Library. Coffee, tea and biscuits are served at a modest price. We aim to provide a friendly meeting place to chat with old friends and new. The Coffee Stop is used regularly by the Bar Hill Health Walkers, and by members of the Horizon group. We are grateful to library staff for accommodating us and would love to welcome new people to join us. We would like as many people as possible to borrow a book from the library regularly to help keep this facility available for our village. We look forward to seeing you there. For more information contact Sue Kenchington on 01954 780260.

YOUNG PEOPLE GROUPS

Youth Socials – there is a time to relax and play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

Cell Groups – these are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

Café Church – as an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

Young Peoples Evening Worship Service – this informal service is for adults and young people and uses contemporary music and format. This is held from 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at familysmeth@ntlworld.com.

KNIT AND NATTER...

...is a long established group that has weekly meetings on Thursday afternoons at 1.15 until 3.30pm in the Octagon. We are a friendly and active group who do what we can to support one another and groups who need our help. We currently work hard knitting for the children's Christmas Shoe Boxes, "Operation Christmas Child". We also send hats, jumpers and blankets to where they are needed in the world. We hold a number of events in the year including outings, coffee mornings, a Christmas lunch and a "Holiday at Home" at Easter. We would be very happy to welcome new people either those who are knitters or those who just want to come to chat and would like to meet some new friends. For more information contact Sue Kenchington on 01954 780260.

BAR HILL CHURCH ECO GROUP...

...meets for an hour in alternate months to think about how we, as a local community, can best use world resources both for our own benefit and for that of future generations. We are working towards the award of 'Eco-Congregation'. Recent events have included an Eco walk and picnic, and a Church Weekend at Home with speakers from Cambridge Carbon Footprint.

New members – from the congregation or the village – are always welcome. Meetings take place in the Church from 11.30–12.30 on the second Sunday of January, March, May, July, September and November. Further details can be found at www.barhillchurch.org.uk.

MESSY CHURCH...

...is for pre-school and primary age children and their carers. They meet in the Octagon from 3.15–5.15pm on the 3rd Wednesday of each month.

Each session begins with craft activities followed by a story and song on a Bible theme, and ends with a simple meal. Come along!

For more information contact Peter at familysmeth@ntlworld.com.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

Parish Priest: Mgr Peter Leeming Tel: 01223 350787

Local contact: Bunty Waters Tel: 01954 201421

Monday, Wednesday, Thursday, Friday 8am and 12.15pm

Tuesday 8am and 7.30pm

Saturday 6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

ART GROUP

If you would like to try painting, even if you think you're no good, we will give you a warm welcome.

Bar Hill Church Art Group meets on Wednesday afternoons throughout the year from 1.30–4pm in the Church. Our meetings are very informal with occasional visiting tutors.

Why not come along and give it a try? You can borrow equipment until you find out what you need, and other members are always ready help.

Contact Jan Hewins on 01954 201495 for more information.

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During the week we have the following groups and clubs:

Monday	Helene Jones Dance	4.00–8.15pm
	(school term time only)	
Tuesday	Shotokan Karate	5.45–8.00pm
Tuesday	Danielle (Boot Camp)	8.00–9.00pm
Wednesday	Helen Jones (Dance)	4.00–6.45pm
Wednesday	Zumba	7.00–8.00pm
Wednesday	Pilates	8.00–9.00pm
Thursday	Pilates (term time only)	10.00–11.00am
Thursday	Weightwatchers	7.00–7.50pm
Friday	Stage Starz (term time only)	5.45–6.45pm
Friday	Martial Arts	7.45–9.00pm
Saturday	Sweat and Tone	8.00–9.00am
Sunday	Bingo (doors open 7pm)	7.30–9.30pm
	Cash prizes	

If you wish to book any of these facilities, or get more information, please call **01954 782414** and leave a clear message. We'll call back within 24 hours Monday–Friday; or e-mail barhill.villagehall@btconnect.com.

We look forward to hearing from you.

WALKING WITH COMBERTON RAMBLERS

Walking is an excellent form of exercise. As well as making new friends we are fortunate in that Cambridgeshire is an ideal area for walking as it has relatively few hills.

Regular walking can: strengthen your heart, bones and muscles.

Walking can reduce the risk of: coronary heart disease; stroke; diabetes; high blood pressure; bowel cancer; Alzheimer's disease; osteoporosis; arthritis; anxiety; stress.

Walking improves your: mood; confidence; stamina; energy; weight control; life expectancy and helps combat depression.

We walk alternative Sunday mornings, between 5–6½ miles.

New walkers are welcome to join us for two free walks. If you enjoy our walks we request that you become a member.

Our Autumn 2015 walk programme starts on the 6th September 2015. For further details please contact the Secretary, Stella. stella.ramblers@hotmail.com.

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BAR HILL SPORTS AND SOCIAL CLUB



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub.

What's on in August?

Sat. 8th Membership Draw

Sat. 22nd Membership Draw

Fri. 28th Disco Night

Looking Ahead...

Sat. 5 Sept. Membership Draw

Sat. 19 Sept. Membership Draw

Sat. 19 Sept. Hypnotist

Bar Hill Cricket Club

The Cricket season is now underway. Keep up to date with the Bar Hill Cricket Club matches by visiting their new website at www.barhillcricket.org.uk.

Not a Member?

New members are always welcome, join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

Andrew Wilkin, 01954 781881

– HAPPY HOURS –

Our Fête stall made a profit of £265, which will go towards our Christmas lunch. It was a lovely afternoon.

Unfortunately our tables were not returned. Two are missing, so if anybody knows their whereabouts please let me know.

The aim of our Club is a meeting point for the retired or the lonely. We try to encourage people to keep active in mind and body, which helps keep us all healthier. Companionship for a day with good food, tea and coffee. We have board games, quizzes, bingo monthly with occasional parties and outings. All are welcome, call in for a coffee or tea on a Monday 11am–3pm.

Age UK Befriending Scheme call 0800 169 29 39; or Silverline 0800 470 80 90 especially for those who are lonely.

Age UK Befriending Scheme call 0800 169 29 39 or Silverline 0800 470 80 90 especially for those who are lonely.

Helen Collins, 01954 782203

BAR HILL BABY AND TODDLER GROUP...



... is held on Wednesday and Friday 9.45–11.15 am at the Octagon. This is for families and carers with children aged 0–4 years, with a variety of toys and activities for toddlers and pre-

schoolers, and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices:

Under 1s – £1.00 (or FREE when paying for a sibling over 1);

Over 1s – £2.00.

Maximum charge per family/child-minder – £3.00.

Visit our Facebook page for details of future events.



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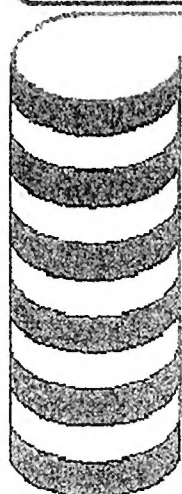
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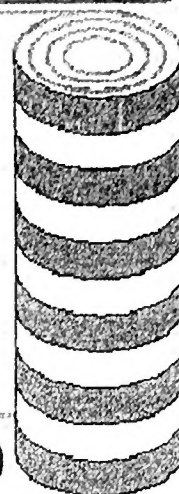
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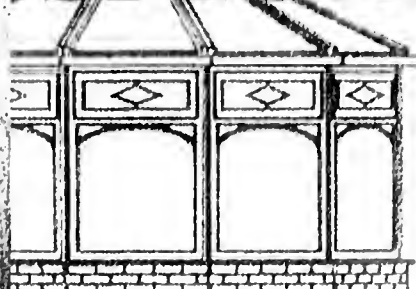
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FRIENDS OF THE ROSIE HOSPITAL



The Friends of the Rosie Hospital raises money through the Tea Bar at the Rosie Hospital outpatient department and through their trading arm Rosie in Stitches, which has raised £731 so far in 2015. Our American themed toys at Bar Hill Summer Fête were popular.

This summer we have small displays at:-

The Tea Bar, Outpatient Department, Rosie Hospital at Addenbrooke's;

Hackers Fruit Farm, Dry Drayton CB23 8HD.

Our next stalls will be:-

Pop up Shop at Hackers Fruit Farm, Dry Drayton on Sunday 23rd August from 10am to 4pm.

Bags, toys, clothes for children, blankets, hats, scarves, gloves, baby mittens, booties.

Willingham Craft Fair at Ploughman's Hall on Saturday 12th September from 2.30pm to 5pm.

Follow us on the Rosie-in-Stitches Facebook page. New knitted clothes and toys for sale on our website www.rosieinstitches.org.uk.

We have discounted items for sale in our eBay Charity Store rosieinstitches2010, books on Amazon at www.amazon.co.uk/shops/A302NWPGSHC7HN, and second hand patterns and craft materials on our Facebook page.

There are links to affiliate stores on our website from whom we will get a donation.

If you have any spare polyester toy stuffing or yarn we are in urgent need of your donation.

To support Friends of the Rosie Hospital, Cambridge, England, visit www.easyfundraising.org.uk/causes/forh and follow the instructions. You can raise funds by using the Easyfundraising search site at forh.easysearch.org.uk. There are competitions on the Easyfundraising blog.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares, please contact a member of the committee, details are on the website.

Thank you for all your support.

PARLIAMENTARY NEWS



Heidi Allen, your South Cambridgeshire MP, has been elected to the House of Commons' Work and Pensions Select Committee which will enable her to scrutinise and influence areas such as welfare, employment and pensions. As one of six new

Conservative MPs on the committee Heidi is delighted to have been chosen to serve. The Work and Pensions Committee plays an important role in influencing policy, and she wants to ensure the social safety net supports the people who need it and that government policy does not allow the vulnerable to fall.

If you would like to contact Heidi about an issue, book a surgery appointment or find out what else she has been up to, visit her website www.heidisouthcambs.co.uk, email: heidi.allen.mp@parliament.uk or telephone 01954 212707.

MAPLE SURGERY NEWS

Tel: 01954 780442

www.mhmaple.co.uk

Patient Participation Group – are you interested in becoming involved with, and supporting the running of, Maple Surgery? Would you like to make a positive contribution to the services and facilities offered by the Surgery? Patient involvement in health is currently a high priority in the NHS so if you would like to find out more about joining our Patient Participation Group (PPG) please enquire at the Surgery, email us on maplesurgery.enquiries@nhs.net or register your interest at www.mhmaple.co.uk/patient-participation/.

Help us improve our service – please take the time to complete an NHS Friends and Family Test Card available in the waiting area. Your feedback will help us learn more about what you like about the Surgery and what you think we could improve. Alternatively, visit our website www.mhmaple.co.uk, select the 'Help us Improve our Service' tab on the Home Page and let us know about your experiences at the Surgery.

Emergency/on-the-day appointments – please remember that morning emergency/on-the-day appointments may be booked weekdays from 8.30am. Afternoon emergency/on-the-day appointments may be booked weekdays from 1.30pm.

Test results – telephone requests for blood results will only be accepted after 2pm.

Free NHS health checks – if you are between 40 and 74 years old and have not had an NHS Health Check in the last five years, please contact the Surgery to book an appointment.

Online appointments and repeat prescription requests – registered patients can now book appointments and order repeat medications on the Surgery website www.mhmaple.co.uk. Please call in with one piece of photo ID to obtain your username and password.

Repeat prescriptions – please do remember to allow two clear working days for your repeat prescription requests to be processed. *[For your own safety we are unable to accept repeat prescription requests over the telephone. You may order on the website, via our dedicated email*

maplesurgery.repeats@nhs.net or put your completed repeats slip into the grey repeat prescription box located in the front entry foyer of the Surgery.]

The Maple Surgery Team

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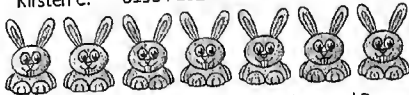
- BAR HILL CHILDMINDERS -

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (see below).

Childminders with current vacancies:

Kirsten G. 01954 200228
Terri 07846 018714
Kirsty 07584 168909 (school-age children)
Kirsten C. 01954 202228



'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45-11.15am in the Octagon (term time only) £2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

'Little Bunnies' Sensory Sessions at the Octagon on Tuesdays from 9.45-11.15am during term time. Come and let your little ones experience a range of sensory activities, from messy play (aprons provided) to music and story acting!

Snack and drink for children; hot drink for adults included. £1 under 1yr; £2 per child; £3 for two or more children.

- WILDLIFE TRUST -

HUNTINGDONSHIRE LOCAL GROUP

Our first autumn meetings will be held on Wednesday 9th September at 7.30pm at Brampton Memorial Centre, Thrapston Road, Brampton, PE28 4TB.

The talk, entitled Pat's Pole to Pole, will be given by Pat Doody, Chairman, Huntingdonshire Local Group. Pat has a particular interest in coastal ecology and is also an accomplished photographer. He has recently been on a trip to Antarctica, returning via many of the Atlantic Islands. Pat will tell us about the wonderful wildlife he saw on this trip, and also on a previous trip to Svalbard in the Arctic.

The October meeting will be held on Wednesday 14th October at 7.30pm at Brampton Memorial Centre, Thrapston Road, Brampton, PE28 4TB.

Our speaker will be Terry Moore, an active member of the Ely Group. Terry's talk will help us to identify those amphibians and reptiles found in the UK. He will outline the challenges facing these creatures today. Terry has been surveying amphibians, and great crested newts in particular, since the 1970s. Until the new biodiversity recording system, he held the official records for all great crested newt sites in Cambridgeshire.

Anyone interested in wildlife is most welcome to attend either talk. Booking not necessary. Entry is £2.50, with accompanied children free. Please contact Tim on 01480 457795 for further information.

WILLINGHAM & LONGSTANTON SURGERIES

Willingham Reception: 01954 260230;
Longstanton: 01954 207600; Dispensary: 01954 260073;
District Nurse Team: 01223 726469, option 2;
Health Visitor: 01954 207612.

Out of hours ring: 111.

Website: www.willinghammedicalpractice.nhs.uk.

Both surgeries are closed on Monday 31st August; normal opening on Tuesday 1st September.

Repeat medication - please be aware that neither A&E nor the out-of-hours service can dispense repeat prescriptions. Please order in plenty of time to collect before weekends and bank holidays. We need 48 hours' notice to comply with the legal requirements. Ring 01954 260073 or leave your prescription reorder form at either surgery. You can also order online - ask at the dispensary for details of how to register for this service.

Accident and Emergency - some patients are attending A&E with minor problems which could be dealt with by our out-of-hours service Urgent Care Cambridgeshire. It is a huge drain on resources to use A&E for non-urgent matters. Please phone UCC on 111. They will advise you if they think going to A&E is necessary, or what alternative options are available. Please have the following information to hand: patient's name and address, date of birth, details of medical condition and medication being taken, and name of patient's doctor.

Telephone Appointments can be booked if you do not wish to attend surgery. A lot of routine matters can be dealt with this way.

Monday Mornings are extremely busy at both surgeries. Please try and avoid unnecessary attendance/phone calls. Call after 10am for a routine appointment and after midday for lab results.

Carers Support Meeting - next meetings are Wednesdays 2nd September & 7th October from 2-4.30pm. Karen is able to offer support and information to help with the stress and worry of being a carer. Please feel free to come along or phone the surgery for further details.

Mobile Numbers - please make sure we have your current mobile number so that text confirmation of an appointment can be sent.

The Pharmacy at Willingham Surgery can help with your travel essentials. Pop in for some free advice.

Missed appointments in June = 90 - over 18 hrs wasted.

Please inform us if you are unable to make your appointment so we can give it to another patient.

Sharon Unwin, Manager

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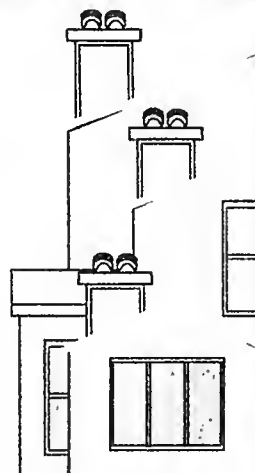
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Little Acorns Extended Day Care is an out of school club registered to care for children age 2–11 years, from 8am–6pm during term time and school holidays. We are situated next to the primary school along the concrete track which leads to the Farmhouse. Please feel free to drop in for a look around.

Flexible Hours can be booked any time during weekdays. Our current cost is £3.60 per hour. A 50% sibling discount is available and a 20% lone parent discount. Our breakfast club is open from 8am and is suitable for all ages.

Children have access to all three rooms in the building and the garden area throughout the day. We offer a wide variety of activities and resources where children can explore, investigate, learn, create and have fun.

We have a 'mini acorns' session for children who are just starting pre-school (from age 2). These are slightly shorter sessions (9–11.15am), open Monday to Friday term time only, in a separate, quieter room with a higher staff ratio (max 12 children per session with 3 staff). We employ only qualified and experienced staff who are caring and dedicated.

Children can access 15 hours per week of free sessions under the Early Years Funding Scheme in the term after they reach 3yrs. Families on Income Support, or who fulfil the criteria for free school meals, may also be able to access 15 hours per week of free sessions for their 2 year old, via 'Free Twos' funding. Enquire at the children's centre for advice on applying for this.

If you would like more information or a registration form please e-mail: littleacorns.barhill@ntlworld.com, or phone Sally or Gail: 07851 803083 / 07982 238658 for pre-school age; for out of school care please email: mightyoaks.barhill@virginmedia.com.

The building can also be hired out at weekends/evenings for parties and family events. Please email for a booking form if you are interested – you do not need to have a child at the pre-school to use this facility.

FOSTER CARERS IN CAMBRIDGESHIRE

In the last 12 months, 32 new families across Cambridgeshire have become foster carers. But we urgently need more people to consider fostering.

We're particularly keen to hear from those who feel they are able to foster older children and young people. To be a foster carer you need to be over 21. You don't need to own your home, but you do need to have a spare room. Foster carers can be single, married, in a civil partnership or living with a partner. We welcome applications from people of all ethnic backgrounds and from people who have their own children, as well as those who haven't raised children of their own.

Cambridgeshire County Council offers foster carers comprehensive training, 24 hour support and generous allowances. Carers can also earn additional payments as they develop their skills and experience. For more information please get in touch on 0800 052 0078 or visit www.cambridgeshire.gov.uk/fostering.

Hope this brings a smile...

I'M VERY WELL THANK YOU

There's nothing the matter with me,
I'm healthy as I can be,
I have arthritis in both my knees,
And when I talk – I talk with a wheeze.
My pulse is weak, my blood is thin,
But I'm awfully well for the shape I'm in.
Arch supports I have for my feet,
Or I wouldn't be able to be out on the street,
Sleep is denied me night after night,
But every morning I find I'm alright.
My memory's failing, my head's in a spin,
But I'm awfully well for the shape I'm in.
How do I know that my youth is spent?
Well my 'get-up-and-go' has got up and went.
But I really don't mind when I think with a grin,
Of all the grand places my 'got up' has bin.
Old age is golden, I've heard it said,
But sometimes I wonder as I get into bed,
With my ears in a drawer, my teeth in a cup,
My specs on the table until I get up.
When I was young my slippers were red,
I could kick my heels right over my head,
When I was older my slippers were blue,
But I still could dance the whole night through.
Now I'm older my slippers are black,
I walk to the shop and puff my way back,
I get up each morning and dust of my wits,
And pick up the paper and read the 'obits',
If my name is still missing I'm know I'm not dead;
And so I have my breakfast – and go back to bed.

Author unknown

Jean Burridge

PS – lovely day at the fête.

Thank you everyone for your hard work.

BAR HILL SCHOOL GOVERNING BODY

We are currently seeking to recruit two new Governors to join our team from September 2015. We would be delighted to hear from anyone who can offer the following:

- an interest in the performance of the school;
- a desire to contribute to and represent the community;
- skills that would complement the governing body;
- the confidence to ask questions and join in debate;
- a willingness to listen and make informed judgements;
- the ability to work well with others;
- time to spare for meetings and school visits.

The most important qualities for being a Governor are enthusiasm, commitment and an interest in education. You don't need teaching experience, but bringing skills from other areas of your life is useful. Further details and an application form are available on our website: www.barhillschool.co.uk/year-groups-our-teams/governing-body/vacancies or please contact the Clerk to the Governing Body barhillclerk@hotmail.com.

Closing date for applications is Friday 4th September 2015.



VILLAGE HALL

01954 782892

We are taking bookings for the next term starting September 2015. Please get in touch with Sarah or Michelle to arrange an informal visit.

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect all the needs of our children.

We offer fully flexible care between 9am-3pm, for children aged 2-5yrs and are registered for Nursery Education Funding (NEF) as well as the government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing Online Learning Journals where each parent can follow the development of their child in words and pictures via a secure login.

Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process.

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SUMMER AT THE MUSEUMS 2015

www.cam.ac.uk/museums/summer

Discover summer adventure and fun on your doorstep

23 July – 2 September 2015

Pack more into your holidays this summer and join museums in Cambridge and beyond for some family fun and adventure.

23 venues across the county will be presenting a packed programme of drop-in and bookable creative activities, events and trails – all part of the annual Summer at the Museums line-up. Whether it's something to do on a rainy day, a day out close to home, or a bit of hands-on creativity, we have loads of activities and events from which to choose.

From creating miniature masterpieces at the Fitzwilliam Museum, solving detective mysteries at the Farmland Museum or travelling through the ages on the Burwell Museum Time Travel Bus, this year's Summer at the Museums 'What's On' guide is full of events and activities to keep everyone entertained. You can also keep a record of your visits throughout the summer with our accompanying museum passport. Use it to collect a stamp from every place you go.

Free 'What's On' guides and passports will be available from all participating museums or collections from 20 June. Alternatively, or your own from www.cam.ac.uk/museums/summer.

For further information or to arrange a visit to an event, please contact Elly Wright, University of Cambridge Museums Audience Development and Engagement Coordinator: T: 01223 761486; E: ew363@cam.ac.uk.

The following museums and organisations will be participating in this year's programme:

Burwell Museum & Windmill, Cambridge Centre for Computing History, Cambridge Museum of Technology, Cambridge Science Centre, Cambridge University Botanic Garden, Cambridge, Ely Museum, Farmland Museum and Denny Abbey, Fitzwilliam Museum, Great St Mary's Church, March & District Museum, Museum of Archaeology & Anthropology, Museum of Cambridge, Museum of Classical Archaeology, Norris Museum, The Polar Museum, Prickwillow Museum, Saffron Walden Museum, Sedgwick Museum of Earth Sciences, St Neots Museum, Stained Glass Museum, University Library, Whipple Museum of the History of Science, Wisbech & Fenland Museum.

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AUGUST BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

What lovely weather we have seen across Cambridgeshire – and long may it continue! Cambridgeshire Fire and Rescue Service hopes you have all been staying fire safe with your outdoor activities, but just in case, here are our firefighters' top tips:

- When camping or using a tent, never use candles inside or nearby and always discourage smoking nearby. Never cook inside a tent either.
- If cooking outdoors, keep barbeques on level ground, never pour accelerant on it and keep it well away from fences, sheds and foliage.
- If you have a bonfire, build it well away from buildings, tents or other flammable objects and make sure it is properly out when you leave.
- When out in the countryside, extinguish cigarettes properly and dispose of them responsibly – never throw a lit cigarette into a field or wooded area.

Don't forget, if you're landlord of a property, you can pick up free smoke alarms at our distribution events ahead of proposed regulation changes. Full details at:

www.cambsfire.gov.uk/firesafety/alarms4life.php.

Find us on Facebook, Twitter and Instagram, or contact us on 01480 444500.

ACTION FRAUD: ROYAL MAIL E-MAIL SCAM

A scam e-mail is currently being sent to victims fraudulently, claiming to be from the Royal Mail. Attached to the email is the CryptoLocker virus.

The victim receives an e-mail, purporting to be from Royal Mail, stating that they are holding a parcel/letter. The victim is required to contact the Royal Mail to arrange for the item to be resent/collected. By following the instructions within the e-mail the CryptoLocker virus is downloaded to the victim's computer. This virus encrypts files on the system and requests a ransom be paid in order for the files to be decrypted. The ransomware states that the cost of decrypting the files will increase the longer the fine is outstanding.

Protect yourself:

- Look at who the email is addressed to. Is it generic or specifically addressed?
- Look at the quality of the images included on the email. Are they of sufficient high quality that they could come from Royal Mail?
- Do not open attachments from unsolicited emails regardless of who they are from.
- Do not click on the link supplied. Instead, go to the relevant website and log in from there.
- Check the address of any email received to see if it appears legitimate.

If you believe that you have been a victim of fraud you can report it online at www.actionfraud.police.uk/report_fraud or by telephone 0300 123 2040.

DOBBIES

Summer's here in full force – don't forget to take extra care of your plants during warmer days. Many of you will have noticed the lake that sometimes appears throughout our plant area and front of store – we try to maintain high quality care of our plants, and keep up with the recent high temperatures drying them out by the end of each day. Apologies for any inconvenience!

At Dobbies we like to be part of the community and hold regular events to get local people together and raise money for charity. We held a cycling charity event in June when members of staff cycled between each Dobbies store around the UK. Managers Chris Swales and Phil Singleton, and Jack Griffin cycled 34 miles from our Bar Hill store at 8am on Tuesday 16th June to Dobbies in Peterborough. Fuelled with adrenaline, Phil and Jack continued another 46 miles to Dobbies Kings Lynn, reaching the finish line at just 4pm! [Don't worry, they're still alive and back to walking normally.] Our Bar Hill store has raised nearly £1,000 for our chosen charity, Teenage Cancer Trust.

Don't forget our **Soul and Motown charity event** on **Saturday 12th September**. Tickets £5 from a member of staff.

We currently have a 20% and 30% sale on selected BBQs and furniture. Why not pop in and see if there's anything you fancy adding to your garden this Summer? Just ask a member of staff for assistance, or look online to see a larger selection.

We now have a gift wrapping service in store; options are: small for £1, which consists of small plant bag, wrapping paper, tissue, cellophane, ribbon and gift bag. Large for £2, consisting of large plant bag or gift bag, wrapping paper, tissue, cellophane, ribbon and gift tag. Just ask at customer service.

For further information please call us on 01954 785451 or pop in for a chat.

Julie Griffin

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– WANTED –

Dolls' prams are needed by the Reception class, Bar Hill School.

If you have one you would like to donate, please ring Jo Hall on 01954 780304.

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BAR HILL COLTS FOOTBALL CLUB NEWS

Colts donate sports equipment to Mighty Oaks
On Saturday 4th July the Colts proudly supported the Bar Hill Fête by running a sponsored activity. The many children who kindly donated their 50p for a go helped us to raise a total of £82. We have chosen to use this money to purchase a portable goal and some footballs for the children of Mighty Oaks, an after-school club in the village. We hope their children will enjoy playing some footy and perhaps think about joining the Bar Hill Colts themselves in the future, if they're not already playing for one of our teams.

Would you like to coach a new Girls Under 7 team? With the new season almost upon us, the Bar Hill Colts are looking to start up a new Under 7s girls football team to complement our existing U13 girls team. Would you like to be involved in coaching U7s girls or wish to know more about it? If yes, please browse to www.barhillcolts.co.uk for more details and contact us.

Focus on the Bar Hill Foxes – out with the old U12s and in with the new U13s

The Foxes have said goodbye to a good season last year that involved a Knockout Cup semi-final defeat and a win in the Snowy Coulson Cup, but more importantly a fantastic improvement from every single player. The team showed some real character at times and has come through stronger for it. Now is the time to look forward to a new season and a new challenge as Under 13s. The Foxes will be playing 11-a-side for the first time next season and have managed to retain all their players from last season while adding some more players to their ranks.

The coaches of Bar Hill Foxes would like to take this chance to thank the parents that brave all weathers to come and support the team, and the sponsors Domino Printing, Money Matters Wealth Management and Urban Car Company for supplying the kit that makes it possible.

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BAR HILL CRICKET CLUB



Bar Hill are off to Finals Day of the Lower Junior Cup! We had an amazing victory over Somersham in the quarter-finals. We posted just 96 in our 20 overs, with Paul Stimpson and Phil Orvis fighting back after an early tumble of wickets. In reply, the visitors were in command

at 75 for 1 with plenty of overs in hand. But captain Adam Dean took two wickets in successive balls to start an amazing collapse as seven wickets fell for the addition of only one run and Somersham were bowled out for 82 – that's nine wickets falling for seven runs!

The semi-finals and final are on the same day at Clare College, with Bar Hill playing in the second semi-final against Wilbrahams II, starting at 1.30pm. All support would be much appreciated.

In the league Nathan Dean with 68 outscored his brother Adam with 66 as Cambridge Granta IV were beaten by 122 runs, Elliot Hard chipping in 39 and Peter Stockton 31. Sam Clare smashed 87 and took five wickets and Jonathan Barber scored 46 as Wilburton were beaten by a massive 216 runs.

Despite a defeat to Coton, at the time of writing Bar Hill are top of the league, so fighting for trophies on two fronts. The midweek league ended with two defeats, although Sam Clare was at his hard-hitting best in scoring 98 not out against Champ. Prior to that, he had scored 71 not out to inspire a victory over Ridgeons. Jonathan Barber took three wickets in the same match.

Youth training sessions continue on Tuesday nights at the village green – open to all ages. They run from 6.30pm to 7.45pm and will continue in August subject to demand.

For information on all aspects of the club, visit www.barhillcricket.org.uk. We also have a Facebook page and you can follow us on Twitter @BarHillCC.

August fixtures:

Sat. 1st Aug – Burwell IV (H, league)

Sun. 9th Aug – Wilbrahams (cup semi-final @ Clare College)

Sat. 15th Aug – Burwell IV (A, league)

Sat. 22nd Aug – Girton II (H, league)

Sat. 29th Aug – Wilburton II (A, league)

Paul Stimpson, 01954 201212

BAR HILL TAE KWON-DO CLUB



part of the Tae Kwon-Do Association of Great Britain (TAGB).

Tae Kwon-Do, the Korean art of self-defence, is suitable for the whole family.

Lessons are held at Bar Hill School on Mondays.

Junior class (*beginners' class from 4 years old*) is from 1700–1800; Junior and Adult class 1800–1930.

Sparring Classes are held on Sundays from 1000–1130.

Free taster sessions. Family discount.

Text, call or e-mail: Mister Jason Newton, 07745 436806; jason.newton@btinternet.com; or Sam Dethridge, 07767 697236; barhilltkdjuniorclass@gmail.com.

– BAR HILL PARISH COUNCIL –

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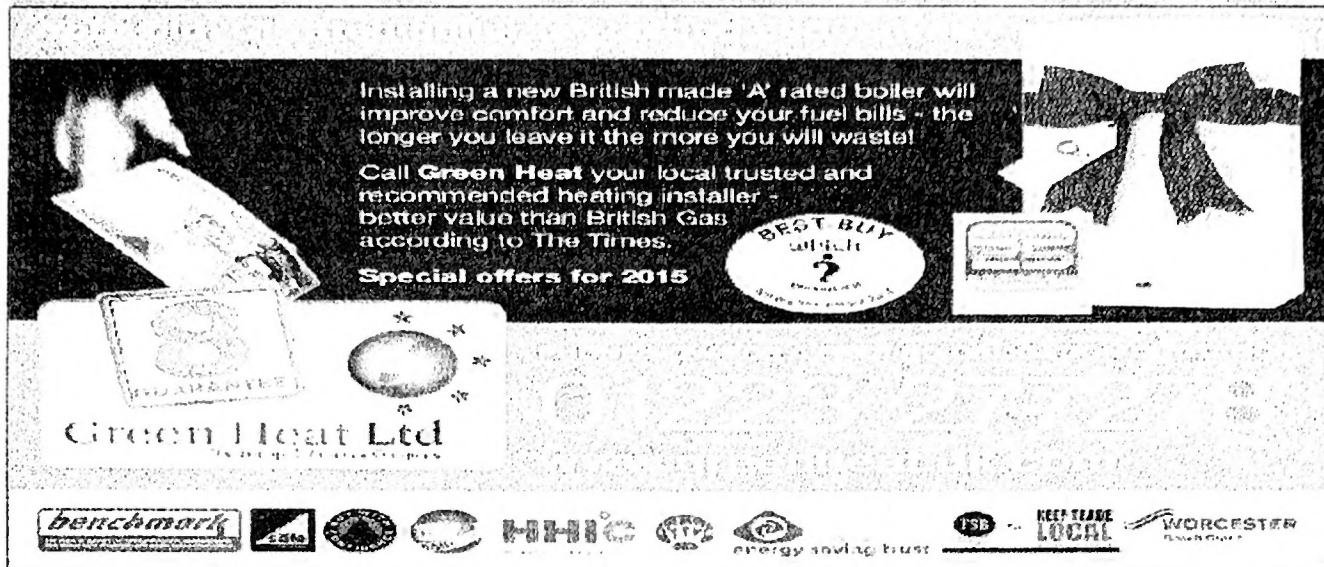
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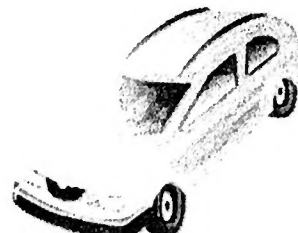
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LJS AUTOS

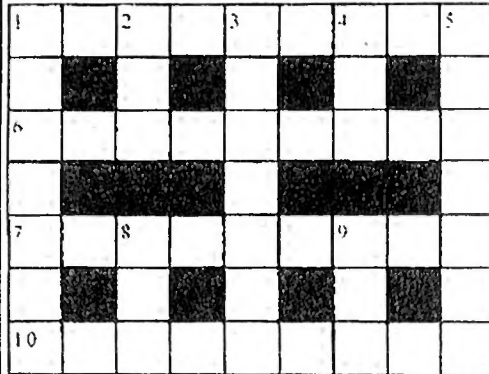
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AUGUST CROSSWORD

Across: 1. Lord----- of Anglesey Abbey,
6. Cooking container (6&3), 7. Just the same, 10. Sings to.
Down: 1. Clothing materials, 2. Writing material, 3. Village south of Cambridge, 4. Tax, 5. Perplex, 8. Organ of hearing, 9. ---- & chips.



SOLUTION FOR JULY

Across: 1. Parameter, 6. Cointreau,
7. Innamorato, 10. Honeycomb.
Down: 1. Peckish, 2. Roi, 3. Methody,
4. Tee, 5. Rhubarb, 8. Ann, 9. Ado.

UPCOMING BIN COLLECTIONS

Weds. 5 Aug. green bin, blue bin etc.
Weds. 12 Aug. black bin
Weds. 19 Aug. green bin, blue bin etc.
Weds. 26 Aug. black bin
Thurs. 2 Sept. green bin, blue bin etc.
Weds. 9 Sept. black bin

WHEELCHAIRS

Over Day Centre has a small collection of wheelchairs which we are happy to loan to the public. If you need to borrow a wheelchair, talk to Over Day Centre first as we may be able to help.
Tel: 01954 231807; e-mail: care@overdaycentre.co.uk.
There is no charge for this service, but donations are always welcome.
We are here to support the Community.

ACTION FRAUD: FAKE DESIGNER GOODS ALERT

People looking for a cheap designer bargain online are being targeted by fraudsters advertising fake designer goods. The items received are usually cheap and inferior counterfeits of handbags, clothes and sunglasses amongst other things.

The general rule is 'if it looks too good to be true then it probably is.' Designer products sold at heavily discounted prices are an immediate sign that something isn't quite right.

What can you do to protect yourself?

- Where possible, buy from well-known, High Street retailers. If you've never heard of a firm, or it is based overseas, be sceptical.
- Avoid paying by cheque or bank transfer. Use PayPal or a credit card as they will give you additional protection.
- Search the internet. Type the website you are buying from and look for reviews of what others customers are saying about the company. Bad customer service feedback usually finds their way online quite quickly.
- Check for spelling mistakes or poor grammar on websites as this may suggest the website has been put together by a fraudster.
- Sign up to Action Fraud Alert at <https://www.actionfraudalert.co.uk/> to keep you updated with what's going on.

If you believe that you have been a victim of fraud you can report it online http://www.actionfraud.police.uk/report_fraud or by telephone 0300 123 2040.

ACTION FRAUD: ONLINE LOANS ALERT

Fraudsters are targeting individuals who have recently expressed an interest in an online loan. Unsolicited calls are made by what appears to be a genuine company. They state that the recently applied for loan has been agreed, but an "advance fee" is required before the money can be transferred. In many cases, multiple upfront "fees" to address issues with the loan are asked for.

Once these "fees" have been paid, either directly to the fraudsters' bank accounts or through a money service bureau, they are unrecoverable.

Protect yourself:

- Authentic credit companies do not charge fees in advance.
- Be wary of anyone calling who says they represent a credit company.
- Report any instances of a credit company attempting to request fees in advance of a loan to the Financial Conduct Authority (FCA).

If you believe that you have been a victim of fraud you can report it online at: www.actionfraud.police.uk/report_fraud or by telephone 0300 123 2040.

AUGUST PUZZLE

Form nine, nine letter types of house, in alphabetical order.

A	G	E	L	A	N	S	O	N
A	P	A	M	H	O	T	E	R
B	E	D	O	A	T	T	E	R
C	A	S	P	A	R	T	H	O
D	H	O	P	E	N	T	R	E
E	H	O	R	O	A	U	S	E
E	N	T	R	T	M	U	S	E
F	A	R	S	I	T	U	S	E
H	O	U	S	E	B	U	S	E

Solution for July: BANDWIDTH, BLUETOOTH, BROADBAND, CHARACTER, DEBUGGING, INTERFACE, MAINFRAME, PROCESSOR, STATEMENT.



RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings. These are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meetings:
1st September; 6th October.

— EVENTS CALENDAR —

date	event	where	time
8 August	Storytime (page 3)	Bar Hill Library	10.30am
13 August	NWR – Are you a hoarder? (page 3)	Venue: Pat's	8pm
22 August	Storytime (page 3)	Bar Hill Library	10.30am
23 August	Rosie pop-up shop (page 15)	Hackers Fruit Farm, CB23 8HD	10am–4pm
27 August	NWR – Visit to Tesco (page 3)		8pm
28 August	Disco Night (page 8)	Bar Hill Social Club	
3 September	8 o'clock club – enrolment (page 3)	Bar Hill School	8pm
9 September	Hunts. Wildlife Trust talk (page 16)	Brampton Memorial Centre	7.30pm
10 September	NWR – Buildings (page 3)	Venue: DI's	8pm
12 September	Dobbies' Soul and Motown charity event (page 25)		

— SMALL ADS —

HAVING PROBLEMS WITH COMPUTERS OR NEW TECHNOLOGY?

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- Eyebrow shaping
- Massage
- Waxing
- Spray tan

*skin patch tests are required at least 24hrs prior to treatment.

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15 designer cushions – all in excellent condition.
Aubergine and neutral colours in silk, linen and suede.
Will sell in separate batches or as one lot.
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Portable hood hair dryer with stand. As new £15.
Telephone Gill on 01954 789250 (The Fairway).

— FOR SALE —

1 Flat Pack Hygena double wardrobe. Teak colour
with top box and original assembly instructions.
Approx. dimensions: H: 221cm (87"); W: 92cm (36");
D: 51cm (20"). £25.00 – Buyer to collect.
2 Large Terracotta Chenille fabric cushions.
Approx. 49cm (19.5") x 49cm (19.5"). £4 pair.
Telephone: 01954 780787.

— FOR SALE —

Black Ash G-Plan dining table and 4 Swedish design
black and green dining chairs.
In good condition. Buyer to collect.
Only £100.
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— FOR SALE —

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